



CONVERSATION OVER BORDERS

MESSAGES OF WELCOME

WORKSHOP INFO PACK



WHAT IS CONVERSATION OVER BORDERS?

At **Conversation Over Borders**, we offer people seeking asylum and refugees 1-1 online English mentoring and befriending, laptops, internet connection and extra support for women, LGBTQ+ people and young people.

By bringing people together, we spark cross-cultural conversations that show we have far more in common than divides us.

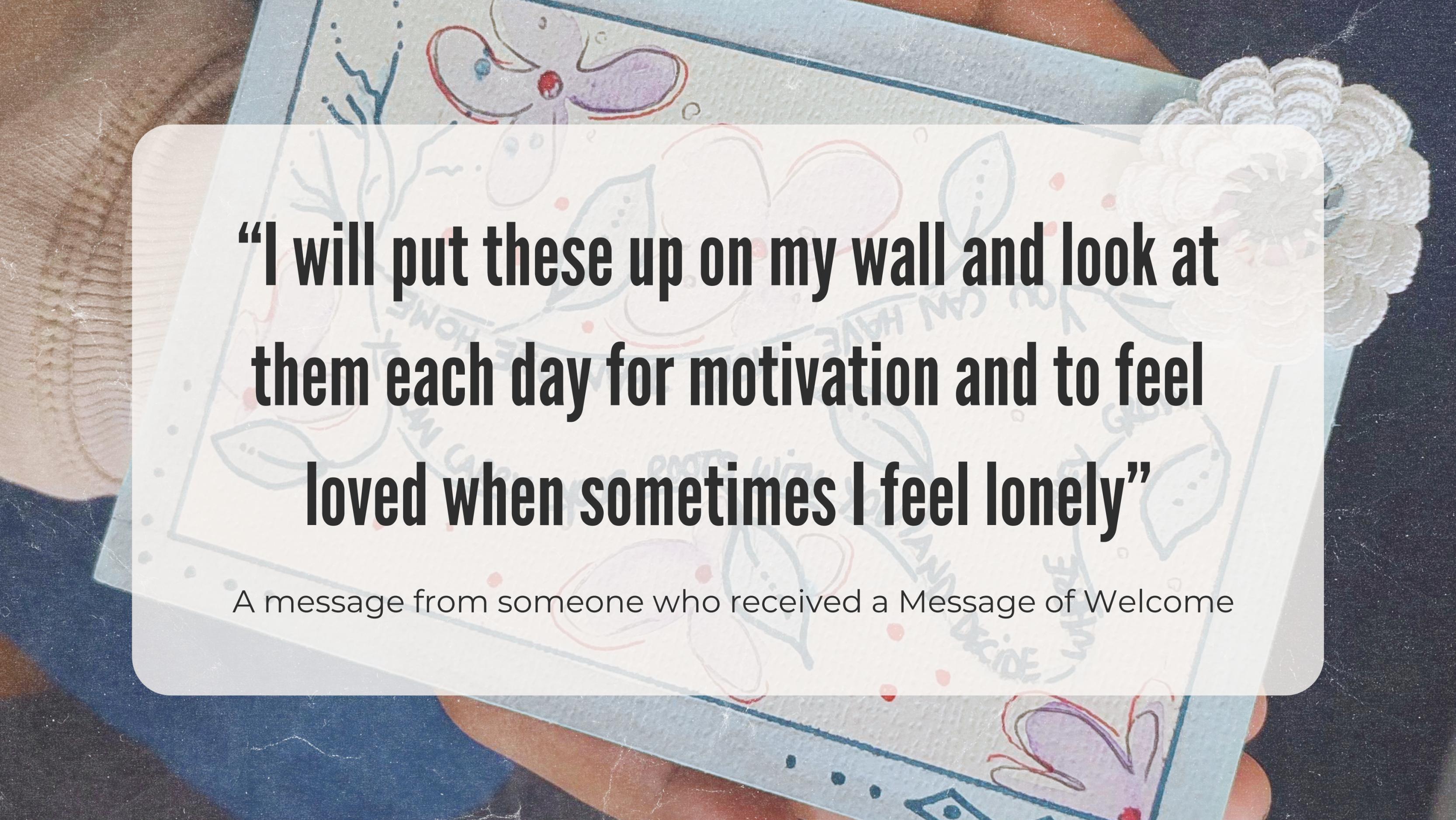


WHY MESSAGES OF WELCOME?

People who come to the UK are often without their loved ones, starting fresh in an unfamiliar place.

Spreading messages of welcome promotes **a sense of community** and shows people that they are **valued, loved** and **welcome**.

By taking part, you can offer hope and connection to those navigating the challenges of resettlement.



“I will put these up on my wall and look at them each day for motivation and to feel loved when sometimes I feel lonely”

A message from someone who received a Message of Welcome



MESSAGES OF WELCOME WORKSHOPS

They are 1 - 2 hours long and we offer a flexible structure depending on your preference, availability, and accessibility needs. We can offer:

- **Information about the UK asylum system**
- **Talk from lived experience speaker**
- **Q&A session**
- **Introduction of the activity**
- **Time spent writing & decorating messages**
- **Reflections and recommendations**



THE FEEDBACK:

“I loved writing the card because it made me feel kind to people who have joined the UK.” - Year 5 Student

“I liked being able to hear Abou's story because it emotionally touched me and it was really interesting hearing what he had to say.” - Year 10 Student

“I liked creating a message from all of my new knowledge and learning new things.” - Year 5 Student

“I enjoyed learning about how people feel and may feel. I hope my message makes them feel more happy and welcomed.” - Year 9 Student

**“It was very moving to hear the stories and experiences of the asylum process and it made me more motivated to participate in community support for refugees.”
- University Student**





PRICING

The workshops have varying levels of cost:

- £650 for both a facilitator and lived experience speaker
- £300 for the workshop without a lived experience speaker

If cost is a barrier to your organisation, please get in touch and we can discuss what we might be able to do to help.

GET IN TOUCH!

#MessagesOfWelcome



Would you like Conversation Over Borders to run a workshop at your school, university or workplace, or would you like to have a chat about what we offer?

Please contact Ily, our Messages of Welcome Coordinator, at **ily@conversationoverborders.org**.